**Jungle Journey**

**The activity:**

The jungle journey is an activity where the teacher in the room tells a jungle journey story, then all of the students listen and follow what she does on the jungle journey. This is a follow the leader type of activity and could be done in any environment, like touring Regina or touring a farm. The students stand in place and listen to the jungle journey while doing what the teacher describes is happening on the journey. For example, the teacher says, we start our jungle journey by marching through the mud, so the kids would march in place while the teacher marches then continues the journey.This activity could also be done by adding in more involvement from the students, such as asking each student saying what animal they see then making the noises of the animals. For example, the teacher starts by saying we are swimming up the river so all the kids are swimming then the teacher asks a student which animal they see and they might say they see a monkey so each student starts making monkey sounds. This activity allows plenty of wiggle room to adjust the game to many subjects between environmental studies to counting. For example, by saying that the class needs to jump over 5 logs the students would count to 5 while doing their hops in their personal space. The key concept of this activity is to get students moving around while using their imagination on the jungle journey.

**Rules and safety hazards:**

 This activity has no rules except you must stay stay in your own personal area, we are doing each activity on the spot to avoid any collisions. This activity involves no materials or equipment,  and we want everyone to be cautious of their surroundings. Be careful around the steps and desks, push in all chairs, move all bags under the desks. Keep all legs and arms in your own personal area and cautious of what and who is around you.

**Age group:**

This activity is recommended for ages pre-k to grade 5 but it can be done with middle school years if you made the journey about an environment they can relate too. For older ages maybe they are taking a journey through a video game, sporting activity or whatever they might enjoy doing. We came up with this activity while looking back at  the KHS 139 labs in the gym while we did the jungle animal game. For the younger grades, adding counting can help the children learn the numbers while having fun, while the older children may be learning about specific environments to focus on the subject while still enjoying an activity break.

**Our story:**

1. To begin our journey through the jungle to our (class title) classroom we need to march through the mud
2. Finally we have passed through all the mud, but unfortunately we have ended up at a pond! We must swim through it to make it to a trail through the trees on the other side.
3. Whew! Made it through the pond, but now we’re all wet! We have to shake off all this water before we continue our journey (shake off water)
4. Now that we’re dry we can continue our journey through the jungle, but it seems that there are fallen trees in our path! We have to hop over 3 trees in our way. (3 hops counting out loud)
5. Hold on, I think I hear something! I think its a lion! (imitate movements and noises)
6. Let's get out of here! We have to run to get away! (run in spot)
7. OH NO! We have hit a dead end! The only option is to climb the trees to get away! (pretend to climb tree on the spot)
8. Finally we are safe! Can you hear all the birds?! (imitate bird noises and actions)
9. I’ve always wanted to swing through the trees in a jungle! Lets swing 5 times to the tallest tree (imitate swinging action while counting to 5 out loud)
10. Lets go back to the ground. We’re close enough to jump down! Everyone jump down, but remember to do a proper landing (jump with motorcycle landing)
11. Oooph this has been a long journey so far, but the end is near. I know our classroom is right through this cave! It sure is short though!! (everyone crouch down and walk on the spot at a low level)
12. Is that light?! Finally we’ve made it back to our classroom!! That sure was a long journey, time to stretch! (stretch arms up and touch toes)
13. Now it’s time to learn! Lets take a seat and begin